



Claudia Ruiz-Gustafson

Samsara

I thought once about giving up.
A box of pills,
A bottle of rum.
Goodbye world.
But parents have six senses.
I was rushed to the ER
Where I grabbed the hand of a nurse
and asked her:
"Would you like to be my friend?"

Claudia Ruiz-Gustafson is a visual artist and poet. She grew up in the bohemian seacoast town of Barranco in Lima, Perú. She now lives in Massachusetts with her husband, son and cat Luna. Claudia is fascinated by ancient philosophy and mythology. She regards art and poetry as magical mediums for exploring her inner world and the spiritual realm.